September

Breakfast

2024

MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider."

Calorie limit for K-8 = 350-550 Calorie limit for 9-12 = 450-600				
Monday	Tuesday	Wednesday	Thursday	Friday
2 No School – Labor Day	3 Grab and Go Grain Assorted Fruit Or 100% Juice Milk St Martin's Breakfast Starts	4 Grab and Go Grain Assorted Fruit Or 100% Juice Milk Rollingstone Starts	5 Grab and Go Grain Assorted Fruit Or 100% Juice Milk	6 Grab and Go Grain Assorted Fruit Or 100% Juice Milk
9	10	11	12	13
Grab and Go Grain	Grab and Go Grain	Grab and Go Grain	Grab and Go Grain	Grab and Go Grain
Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice
Milk	Milk	Milk	Milk	Milk
16	17	18	19	20
Grab and Go Grain	Grab and Go Grain	Grab and Go Grain	Grab and Go Grain	Grab and Go Grain
Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice
Milk	Milk	Milk	Milk	Milk
23	19	20	21	22
Grab and Go Grain	Grab and Go Grain	Grab and Go Grain	Grab and Go Grain	Grab and Go Grain
Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice
Milk	Milk	Milk	Milk	Milk
25	26	27	28	29
Grab and Go Grain	Grab and Go Grain	Grab and Go Grain	Grab and Go Grain	Grab and Go Grain
Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice	Assorted Fruit Or 100% Juice
Milk	Milk	Milk	Milk	Milk